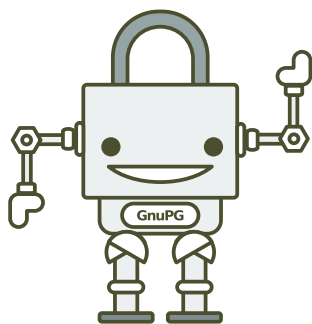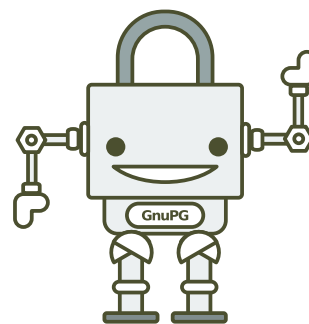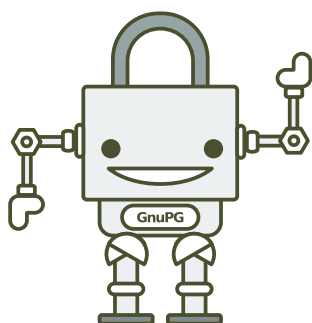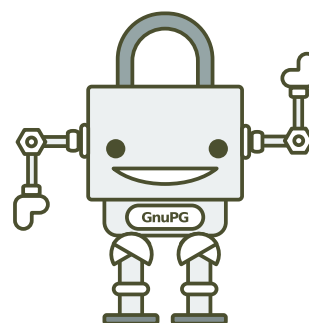# Email Self-Defense

Bulk surveillance violates our fundamental rights and makes free speech risky. Our guide will teach you a basic surveillance self-defense skill: email encryption. Once you've finished, you'll be able to send and receive emails that are coded to make sure a surveillance agent or thief intercepting your email can't read it. All you need is a computer with an Internet connection, an email account, and about half an hour.

Visit `u.fsf.org/esd` to get started.